

2019 IWF MASTERS WORLD CHAMPIONSHIPS



**AUGUST 16 - 24, 2019
MONTREAL - CANADA**



Technical Meeting /Final Verification

THURSDAY 15 AUGUST 18:00 LOCATION TO BE ANNOUNCED

DATE	Weigh-in	Start Time	No. of Lifters	Age Group	Body Wght. Category	Platform	Session
FRIDAY							
16-08-19							
OPENING CEREMONY 14:45 - 15:45							
	7:00	9:00	19	M80	ALL	A	1
	10:30	12:30	13	M75	55 - 81 kg	A	2
	10:30	12:30	10	M75	89 - + 109 kg	B	3
45 minutes Opening Ceremony							
	13:45	15:45	10	W70	ALL	A	4
	13:45	15:45	9	W65	ALL	B	5
	16:00	18:00	17	M70	55 - 73 kg	A	6
	16:00	18:00	17	M70	81 - +109 kg	B	7
95							
Saturday							
17-08-19							
	8:00	10:00	18	M65	55 - 73 kg	A	8
	8:00	10:00	22	M65	81 - +109 kg	B	9
	12:00	14:00	12	M60	55 - 73 kg	A	10
	12:00	14:00	10	M60	81kg	B	11
	14:30	16:30	14	M60	89 - 96 kg	A	12
	14:30	16:30	10	M60	102 - +109 kg	B	13
86							
Sunday							
18-08-19							
	8:00	10:00	10	W60	45 - 59 kg	A	14
	8:00	10:00	11	W60	64 - +87 kg	B	15
	10:30	12:30	19	W55	45 - 64 kg	A	16
	10:30	12:30	21	W55	71 - +87 kg	B	17
	14:15	16:15	18	M55	55 - 73 kg	A	18
	14:15	16:15	24	M55	81 - 96 kg	B	19
103							
Monday							
19-08-19							
	8:00	10:00	16	M55	102 - +109 kg	A	20
	11:00	13:00	19	M50	55 - 73 kg	A	21
	11:00	13:00	20	M50	81 - 89 kg	B	22
	14:30	16:30	19	W50	45 - 59 kg	A	23
	14:30	16:30	16	W50	64 - 71 kg	B	24
90							
Tuesday							
20-08-19							
	8:00	10:00	16	W50	76 - +87 kg	A	25
	11:00	13:00	15	M50	96 - +109 kg	A	26
	13:45	15:45	15	W45	45 - 55 kg	A	27
	13:45	15:45	10	W45	59 kg	B	28
	16:30	18:30	20	W45	64 - 71 kg	A	29
	16:30	18:30	19	W45	76 - +87 kg	B	30
95							
Wednesday							
21-08-19							
	8:00	10:00	15	M45	55 - 73 kg	A	31
	11:00	13:00	20	M45	81 - 89 kg	A	32
	11:00	13:00	21	M45	96 - +109 kg	B	33
	14:30	16:30	16	W40	45 - 55 kg	A	34
	17:15	19:15	10	W40	59 kg	A	35
	17:15	19:15	10	W40	64 kg	B	36
92							



CONGRESS OF NATIONS 19:00 LOCATION TO BE ANNOUNCED

Thursday	8:00	10:00	20	W40	71 - 76 kg	A	37
22-08-19	8:00	10:00	16	W40	81 - +87 kg	B	38
	11:15	13:15	16	M40	55 - 73 kg	A	39
	11:15	13:15	10	M40	81 kg	B	40
	14:15	16:15	20	M40	89 - 96 kg	A	41
	14:15	16:15	22	M40	102 - +109 kg	B	42
			104				
Friday	8:00	10:00	23	M35	55 - 73 kg	A	43
23-08-19	8:00	10:00	20	M35	81 - 89 kg	B	44
	11:45	13:45	16	W35	45 - 55 kg	A	45
	11:45	13:45	10	W35	59 kg	B	46
	14:45	16:45	20	W35	64 - 71 kg	A	47
	14:45	16:45	17	W35	76 - 81 kg	B	48
			106				
Saturday							
24-08-19	8:00	10:00	14	W35	87 - +87 kg	A	49
	10:30	12:30	20	M35	96 - 102 kg	A	50
	10:30	12:30	15	M35	109 - +109 kg	B	51
			49				
TOTAL ENTRIES			820				
BANQUET TIME AND LOCATION WILL BE ANNOUNCED							